

The Porter

St. Conrad Fraternity, Annapolis, MD
Secular Franciscan Order – May 2016
<http://stconradannapolis.sfousa.org/>






Council



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Volunteers

Historian	Marie Shelton	(410) 590-5570	mariefrances14@outlook.com
Infirmary	Evelyn Jones	(410) 827-7199	evelyn88jones@yahoo.com

The Porter deadline for the next issue is June 6th. Please send news, prayer requests, poems, or interesting things that you think other members may enjoy to: Jean Gaes, 1824 Lang Drive, Crofton, MD 21114 or send to jrgofs@gmail.com

Fraternity Meeting 	Mass and Professions – 11AM Saturday, May 21st. Capuchin College, 4121 Harewood Rd NE, Washington DC 20017 (Note we are meeting at a different time and place!)
Refreshments 	If you signed up to bring a dish please confirm with Denise. If not -call her and ask what is still needed. Annapolis will provide refreshments at our June meeting.
	Hope for All: provides many essential services to those in need. We have a collection basket each month for Hope for All. Donations, large and small are greatly needed!
Light House Shelter 	The next Shelter Lunch Making meeting is on May 26 th . at 9:30 AM at Joan Kvetkas' home. We continue to collect contributions monthly for the much-needed bus tokens.
Liturgy	The Annapolis group will lead our prayer.
Council Meeting	Saturday, June 4 th . 9:45 AM at the Tyrrell's.
Treasury	Common Fund balance: \$540.17
Prayer Requests 	For our sick and/or homebound members; for Br. Jonathan and Br. James who prepare for their deacon board exam; for three Capuchins to be ordained to the priesthood on June 11 th , for all in need of physical or spiritual healing; for refugees and victims of violence; for the coming elections; for the deceased members of our fraternity; and for vocations, especially to our Poor Clare sisters!

	Carmen Delgado 5/7, Louise Ryan 5/25, Judith Tyrrell 5/29, David Littleton 6/4, Kevin Dowling 6/12, Lita Milan 6/22
Profession Anniversaries 	Ed & Jeanne Wilbourne- May 15, 1976; Marie Shelton- May 19, 2000; John Cobis- June 12, 2005
Upcoming Events May June	May 13th. Franciscan Mission Service World Care Benefit and Celebration, 7PM, St. Francis Hall, DC May 21st. Fraternity Meeting- Profession of Catherine Gonzalez, Audrey Donnelly, and Mary Henry 11AM Mass at Capuchin College, Harewood Rd., Washington, DC. – SEE YOU THERE! June 13 Feast of St. Anthony June 18th. Fraternity Meeting

Minister's Minute

Dear Brothers and Sisters of Penance, Have you ever thought about Secular Franciscans in other parts of the world, Africa, India, Europe, China etc? Now we have learned about the wonderful ministry of our Capuchin Brothers in Papua New Guinea through the witness of Br. Jim Mungovan and Br. Brian Newman who shared their stories and their pictures with us of their life ministering to the Papuans. We learned that there are Seculars even in that remote part of the world. We are grateful for their wonderful presentation and we are reminded of our former Assistants who have served there as well, Fr. Frank Yacobi, Br. Patrick Monahan, Fr. John Pavlik and Fr. Weithorn.

This month it is with great joy that three of our members will be PROFESSED, Audrey Donnelly, Catherine Gonzalez, and Mary Henry. Please join us on May 21st at Cap College (St. Francis Friary) to celebrate with them at the 11am Mass and help with the potluck letting Denise Miente know what you are planning on bringing. Please keep them in your prayers.

This month of May the Church celebrates our devotion to Mary with Crownings and Rosaries. St. Francis had a great devotion to her, “embracing her with indescribable love and declaring her the protectress and advocate of his family” in our Rule #9. May she intercede for us and lead us closer to her Son Jesus.

The Council has learned that Br. Tage Danielson Ofm Cap will be leaving us after the Profession for duties elsewhere so we wish to express our gratitude for his service to us. Pax et bonum, Judith

OUR PATRON SAINTS AND BLESSED IN THIS JUBILEE YEAR OF MERCY

May 16 – Saint Margaret of Cortona, III Order (1247-1297), was born of farming parents in Laviano, Tuscany. Her mother died when Margaret was seven; life with her stepmother was so difficult that Margaret moved out. For nine years she lived with Arsenio, though they were not married, and she bore him a son. In those years, she had doubts about her situation. Somewhat like St. Augustine she prayed for purity—but not just yet. One day she was waiting for Arsenio and was instead met by his dog. The animal led Margaret into the forest where she found Arsenio murdered. This crime shocked Margaret into a life of penance. She and her son returned to Laviano, where she was not well received by her stepmother. They then went to Cortona, where her son eventually became a friar. In 1277, three years after her conversion, Margaret became a Franciscan tertiary. Under the direction of her confessor, who sometimes had to order her to moderate her self-denial, she pursued a life of prayer and penance at Cortona. There she established a hospital and founded a congregation of tertiary sisters. The poor and humble Margaret was, like Francis, devoted to the Eucharist and to the passion of Jesus. These devotions fueled her great charity and drew sinners to her for advice and inspiration. She was canonized in 1728. A more complete biography may be found on the Regional website at <http://saintmargaretofcortona.com/st-margaret-of-cortona/>

May 18 – Saint Bernardine of Siena, OFM (1380-1444) was born in Massa Marittima, in the territory of Siena, Italy. His life was an example of holiness expressed in his love for God and his fellowman. During an outbreak of plague in 1400 he volunteered to care for the people who were sick, stopping only when he himself became ill. In 1402 he entered the Franciscan Order and was ordained in 1404. Commissioned to preach in 1405, St. Bernardine is best remembered as an excellent preacher who drew very large crowds and who frequently focused his sermons on devotion to the Holy Name of Jesus. To assist him in promoting such devotion, St. Bernardine designed a symbol which he displayed during his sermons. It consisted of an abbreviated form of the name of Jesus (IHS) at the center, surrounded by a blazing sun. Soon the symbol began to appear on buildings and in the homes where St. Bernardine had spoken. St. Bernardine's tireless commitment to spreading the Good News to all people remained until the very end of his life. In 1444 he set out to preach in Naples, a location he had visited only briefly once before; en-route he fell ill with fever. He was taken to the convent of St. Francesco where he died on the Vigil of the Feast of the Ascension. He was canonized May 24, 1450.



The Fraternity Council is asking all of us to pray the Angelus together in spirit, each day at noon, to pray for peace. OUR PEACE CROSS IS AGAIN CIRCULATING! PLEASE PRAY FOR PERSECUTED CHRISTIANS, REFUGEES, AND THE SUFFERING PEOPLE IN OUR VIOLENT WORLD.

Jubilee of Mercy –began on December 8th. There are so many ways to live it out! Pray the prayer! Meditate on “[Moments of Mercy](#)”... and the other links. Read the documents written by Pope Francis that explains this Holy Year here: <http://www.iubilaeummisericordiae.va/content/gdm/en/giubileo/bolla.html> more at: <http://www.usccb.org/beliefs-and-teachings/how-we-teach/new-evangelization/jubilee-of-mercy/index.cfm>



Care for Creation *by Susan Burns* C4C Waste Management

On April 21, 2016 seven Our Lady of the Fields parishioners met for a tour of the Millersville Landfill.



The tour began with a conversation at the administrative building regarding the basic information about the Millersville Landfill. The Millersville Landfill, which services Anne Arundel County, encompasses 564,838 acres. Presently we are using cell 8 for trash, probably through mid-2017, and developing cell 9. Cell 9 will be the last area at the Millersville Landfill, which will meet our waste disposal needs into 2040. Improvements in our waste management processes will extend the life of the landfill. At the Millersville Landfill, approximately 100,000 tons of trash are buried annually and 20,000 tons of material are recovered for reuse and recycling annually. Much more recycling occurs at the Linthicum facility. Revenue to operate the facility is provided through property taxes at the rate of \$298/year for curbside pickup (trash, recycle, yard waste and bulk items) and through tonnage rates at the weigh station for non-curbside pickups, i.e. at commercial locations. There are 34 permanent employees to maintain the landfill, recycling center, and equipment. Besides the maintenance of trash and recycling, household appliances are accepted and separated to remove the freon and sold and shipped off-site. Rubble, blacktop, concrete, and brick, is segregated and applied as road base material. Brush is separated and ground to be used on landfill trails and given as mulch to customers or marketed for bulk sale. Wood waste greater than 6” is separated and available to customers for firewood.

50/50 Challenge

The 50/50 challenge seeks curbside pick up to be at a minimum of 50% recycle. Waste Management Services sends a report card regularly. Hopefully, most of you know what can be recycled – paper, plastic, metal (NO SCRAP METAL), and glass. All recycle should be dumped loose into the yellow wheeled container for ease in pickup and sorting. Plastic bags can be re-cycled, but it is better to take your plastic bags back to the provided container at the grocery store. Shredded paper should also be dumped loose into the recycle container. All food should be removed from a recycled plastic or glass container, but they do not need to be spotlessly cleaned particularly if the plastic or glass has its cap in place to contain any contamination. Books can also be placed in the recycle container as long as the weight does not prevent you from wheeling the cart to the curb.

Yard Waste

Most of you already know to put your yard waste at the curbside in a paper yard waste bag or in a plastic bag marked with an X. The Landfill accumulates the yard waste, puts it through a crusher, and separates the plastic from the mulch. The Landfill accepts the plastic bagged yard waste to accommodate the needs of us, the consumer. But, it would be better to dump your yard waste in a separate container with an X on the outside that could be dumped in the yard waste pickup. Or best would be to use your grass clippings on your lawn or in your compost. Using grass clippings within an hour of mowing provides needed nitrogen for your lawn and/or compost. Look at all the plastic – treat the Landfill with respect.

Yard Waste Pile – many plastic bags



From atop hill – Cell 9 construction



Environmental Controls

Capping

The double liner for cell 8, the cell currently in use, exceeds the requirements of the State and Federal Governments. The trash is compacted and covered with dirt. When the cell is filled, it is capped and sealed and remains as such. The trash decomposes, but at a very slow rate with no exposure to the elements and catalytic sunshine. There is monitoring of the water table below the landfill and also of the surface water. There are sediment basins, swales, and terraces to monitor. Additionally, there are gas emissions to deal with, but more about that in a minute. All of these precautions were not always in place at the Landfill. About 20 years ago or so there were issues with leakages from cells 1 and 3 creating a potentially environmentally hazardous neighborhood. The cells were opened and the contents removed to cell 8. The liners were replaced with the double liners of cell 8 and the contents were capped and sealed as is done today with all the monitoring apparatus. Today you wouldn't know you are on a landfill. There are rolling grass covered hills of sealed trash mounds with no offensive odors or dangers to the environment and surrounding area.

Methane Gas

In the mid 1990s when all the open cells were capped, a landfill gas collection and flaring system was constructed, within the governmental regulations. Today, the methane gas is pumped from the covered and sealed disposal areas to the Landfill Gas Electricity Facility (LFG) which was constructed in June 2012. The LFG facility generates approximately 3.2 Megawatts of electricity which is sold to the local power grid – enough energy for 2,000 families.

Leachate

Other than methane, the byproducts from capping and sealing is piped to 2 storage tanks near the entrance of the Landfill. The leachate is discharged to the County sanitary sewer.

What cannot be recycled curbside

Many of the following can be taken to the Millersville Landfill for proper disposal

Automotive parts Batteries Chip bags and snack wrappers Clothing Electronics Food Garden Tools Mirror or window glass Motor oil containers Pots and pans Soiled paper products – napkins, tissues, plates Styrofoam Puppets

Styrofoam

Styrofoam does not decompose. Kindly refrain from using Styrofoam plates and cups. Instead use biodegradable paper cups and plates and better still use washable reusable cups and plates. The Styrofoam can be taken to a location in Crofton for recycling.



Methane Gas Pump



Weather Vane atop highest hill in Anne Arundel Co.

*Pope Francis has often mentioned his devotion to
OUR LADY UNDOER OF KNOTS.*

A beautiful book with the picture and novena prayers are available for purchase at the National Shrine in DC. A basic introduction to this devotion can be found at [http://www.worldmeeting2015.org/spirituality-center/ss-family/mary-undoer-knots/-prayer and information](http://www.worldmeeting2015.org/spirituality-center/ss-family/mary-undoer-knots/-prayer-and-information) and

Pope Francis spoke about Mary in this context in a catechesis in 2013: <http://en.radiovaticana.va/storico/2013/10/12/pope-francis-speaks-about-the-faith-of-mary/en1-736753>

SAN DAMIANO CROSS EXPLANATION –In the Friars’ chapel in which we will have our profession is a beautiful replica of the San Damiano Cross that now hangs in the Basilica of St. Clare in Assisi. To find out more of its history and meaning visit St. Margaret Cortona Region website link at: <http://saintmargaretofcortona.com/san-damiano-cross/>



*Don't forget to check out the updates to our fraternity website at:
<http://seconradannapolis.sfousa.org/>*