

# **THE FLYER**

**NEWSLETTER FOR THE  
ST. JOSEPH CUPERTINO  
FRATERNITY OF THE  
SECULAR FRANCISCANS**



**March 21, 2021**

**Theme for the Year:**

***Love is Patient***

**(1 Cor 13:4)**

SanGiuseppe di Copertino  
Public domain, 18th century engraving

## **2019-2022 Council**

*Acting Minister:*

James Kim, OFS:  
443-458-3361

*Acting ViceMinister:*

Denise Donaldson, OFS:  
443-683-2538

*Acting Secretary:*

Jeanne Kerins, OFS  
410-227-6497

*Treasurer:*

Gerry Pinkas, OFS:  
410-655-2648

*Formation Director:*

Sherry Lewis, OFS:  
410-299-7144

*Councilor:*

Lita Maisel, OFS:  
410-747-2374

*Spiritual Assistant:*

Br. Lawrence LaFlamme,  
OFM Conv.:  
410-485-5000

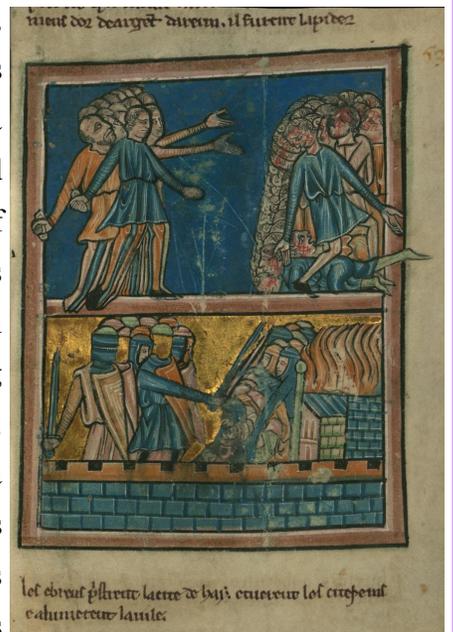
*Newsletter Editor:*

Deanna Williston, OFS  
443-745-1109  
jtwillis@aol.com

## Greetings from Brother Lawrence

In one of my recent classes in Junior theology, we discussed the issue of sin and the idea of its being no more than a mistake. It arose from a book that I had presented in class and I had to clarify the difference. Since we are in a penitential season, I thought I would share with you something that is apparently much more common than I had supposed.

What we have traditionally called a sin, for example: picking up another's student's money and walking off, is really no more than a mistake; return the money (if caught?) and everything is fine for "it was just a mistake." Of course, the issue that I had to explain to the lads was that it is more than a simple mistake. In math class,  $2+3=6$  is a mistake. A misspelling is just a silly mistake. The idea goes on and on; however, I need to bring to them that it is not a mistake to pick up and walk off with another's money—it is an intentional act that requires confession and a patching up of one's relationship with God.



That is pretty much the story and I do not want to go on and on. Since it is the Lenten season, I thought that it would be a reminder of the need for penance and confession and checking one's moral understanding. I have to say that I told the lads that the Church is a community of sinners and that it is for that reason that we need to put more emphasis on the realization of committing a sin and making a simple mistake. One costs a point or two on a math test and the other is a pretty big issue between the sinner and God.

Image at right: The Stoning of Achan  
(Jos: 7:25) by William deBrailles ~1250  
CC0 The Walters Art Museum

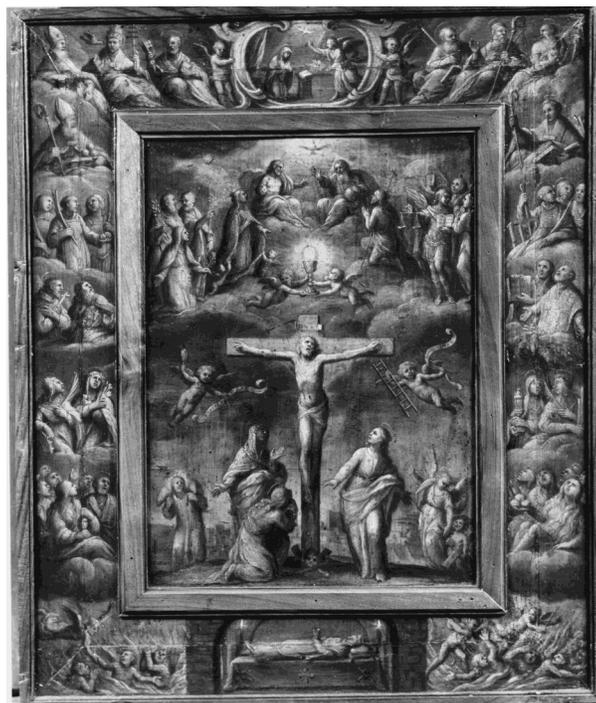


## Ministers Message ~ by James Kim, OFS

During Lent, we do not sing the Gloria in Masses, from the first to sixth Sundays of Lent. Then, we sing the Gloria on Holy Thursday. It is the day that Jesus is preparing His death, but we sing Gloria because Christ, our Savior, glorifies the Father by heeding the Father's will. In daily life, how to glorify the Lord is a challenging job. We may try to look for something noticeable to glorify the Lord. But I am reminded that on the first day of Lent, Ash Wednesday, we always read the same Gospel in which Jesus teaches to do good secretly (see Mt 6:2-4). Jesus also teaches to invite those to banquets who are not able to repay us so that the Father may repay us (see Lk 14:13-14). In the Last Supper, Jesus washed the feet of His disciples who were the ones closest to Him, and said "you also ought to wash one another's feet." (Jn 13:14) Reflecting the words of Jesus, I was encouraged to try with little things that might not be known to others or might not be considered significant ones. It is the Lord who sees hidden things and sees our hearts. How about to wash the feet of family and the ones around us with understanding, compassion, patience, forgiveness ... ? They may see what we do and they may do the same to others. it may be one of the ways to glorify the Lord.

I'd like to share the General Audience of Pope Francis on April 17, 2019, a day before Holy Thursday:

True glory is the glory of love because it is the only kind that gives life to the world. This glory is certainly the opposite of worldly glory, which comes from being admired, praised, acclaimed: when the 'I' is at the centre of attention. The Glory of God, on the other hand, is paradoxical: no applause, no audience. At the centre is not the 'I', but rather the other. Indeed, at Easter we see that the Father glorifies the Son as the Son glorifies the Father. No one glorifies him- or herself. We can ask ourselves today: "which glory do I live for? Mine or God's? Do I wish only to receive from others or also to give to others?"



The General Audience may be found at :<http://www.vatican.va/content/francesco/en/audiences.index.html#audiences>

The Crucifixion by The School of Tuscany (?), 17th Century, CC0, The Walters Art Museum

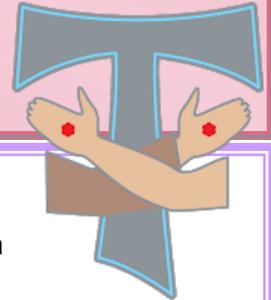
## **The Rule Review**

So that we might more fully live the Gospel Life, Secular Franciscans should not just read *The Rule*, but reflect on and pray with *The Rule*.

1. The Franciscan family, as one among many spiritual families raised up by the Holy Spirit in the Church, unites all members of the people of God -- laity, religious, and priests - who recognize that they are called to follow Christ in the footsteps of Saint Francis of Assisi. In various ways and forms but in life-giving union with each other, they intend to make present the charism of their common Seraphic Father in the life and mission of the Church.
2. The Secular Franciscan Order holds a special place in this family circle. It is an organic union of all Catholic fraternities scattered throughout the world and open to every group of the faithful. In these fraternities the brothers and sisters, led by the Spirit, strive for perfect charity in their own secular state. By their profession they pledge themselves to live the gospel in the manner of Saint Francis by means of this rule approved by the Church.

The Rule of the Secular Franciscan Order (with citations) may be accessed at anytime at:

<https://secularfranciscansusa.org/wp-content/uploads/2017/07/RULE.pdf>



### **Welcome, Visitors!** Want to find out more about Secular Franciscans?

- ⇒ Keep an eye on our websites & newsletter so you know when we begin meeting in person again. Secular Franciscans are friendly & do not have secret rites.
- ⇒ Check out our website: [http://stjosephcupertino.sfousa.org/our fraternity/](http://stjosephcupertino.sfousa.org/our%20fraternity/)
- ⇒ Check out the St. Margaret of Cortona website: <http://saintmargaretofcortona.org/>
- ⇒ Check out our national website: <https://secularfranciscansusa.org/>

### **ZOOM—Help!**

Join in on the fun and join the next gathering via Zoom! Anyone wanting a friendly tutorial and practice session, can reach out to our brother, Ray Glennon, OFS at (443)458-8044.

### **YouFra Voices**

Although St. Joseph Cupertino Fraternity does not have a YouFra, or Franciscan Youth group, there are a number of inspirational youth and young adults all around us. Keep reading *The Flyer* and see if you can spot this new feature!

# Congratulations!

On the anniversary of your profession:

3/21/1999 21 years

Gail Bunyan

**Our Deceased  
Brothers & Sisters:**

Dea. Tom Bellos, OFS  
 Frances Bastress, SFO  
 Joe Bezila, SFO  
 Mary Chandler, OFS  
 Jerry Cichowicz, SFO  
 Shirley Costello, OFS

Joe Cykoski, SFO  
 Stella Cykoski, SFO  
 Claire Lee Davidson,  
 SFO  
 Adela Duff, SFO  
 Donna Duncan, SFO  
 Charles Ferrara, SFO  
 Mary Ferrara, SFO

Dolores Fritz, OFS  
 Marilyn Gilson, SFO  
 Richard Hall, SFO  
 Joy Kubricky, OFS  
 Frances Langbehn, SFO  
 Bob Lewis, SFO  
 Jean Manning, OFS  
 Jim Manning, OFS

Yvonne Proch, SFO  
 Nancy Seaton, SFO  
 Don Sweitzer, OFS  
 Betty Taylor, SFO  
 Bud Tenley, SFO  
 Regina Yeager, SFO  
 Dorothy Zalewski, SFO

**Treasurer's Report**

**February – 2021**

<b>Beginning (running) Balance:</b>	\$4116.00
Common Fund Contributions	\$ <u>250.00</u>
Total Income	<b><u>\$ 250.00</u></b>
<i>Intermediate Subtotal</i>	<i>\$4,366.00</i>
<b>Expenses:</b>	
Brother Lawrence	\$100.00
Franciscan Friars	\$100.00
Office Supplies	\$22.00
Total Expense	<b><u>\$222.00</u></b>
<b>Ending (running) Balance:</b>	<b><u>\$4,144.00</u></b>

Thank You for your tax-deductible contributions! & Coming up expenses: Fair Share contribution \$2,000.

The average contribution per person estimate for 2021 should be \$156 per year.

Direct donation checks to:  
*St. Joseph Cupertino Fraternity.*

Mail donations to:

**Gerard Pinkas**  
**3810 Marriottsville Rd.**  
**Randallstown, MD 21133**

Your bank's bill pay may be used. Direct payment to **St. Joseph Cupertino Fraternity** at the address above. *Contact Gerry with any bill pay questions.*

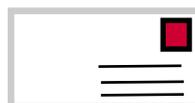


St. Louis of Toulouse, St. Francis, & Blsd John Capistrano by Cristoforo Caselli, 1499-1500, CC0 The Walters Art Museum

**Internet Got You Down?**

To request a printout of the newsletter or featured internet resources, please call your friendly sister in Francis & Clare:

Deanna Williston, OFS at 443-745-1109.



## Worldwide Marriage Encounter as Our Franciscan Apostolate

by Ray and Dawn Glennon, OFS

Prompted by Lita's invitation to Ray (and by the Holy Spirit), we began our Franciscan journey in late-2017, entered candidacy in January 2019, and, God willing, we hope to make our Profession of the Gospel life in the Secular Franciscan Order this July. We began a parallel and complementary spiritual journey in October 2019 when we attended our Worldwide Marriage Encounter (WWME) weekend. Although we already had a good marriage, during our weekend we rediscovered each other in a deeper way and gained new tools and insights to enrich our sacramental marriage. We continue to strengthen our relationship through the practice of daily dialogue and by participating in a monthly sharing group with other WWME encountered couples. After our weekend, we were invited to consider becoming members of the WWME team that presents the talks during WWME experiences. After prayerful consideration we accepted and entered WWME presenting team formation—a structured program with similarities to our OFS formation. Now as we approach OFS profession, we are also writing the last talk we need to have ready to present at an upcoming WWME experience.

Our Secular Franciscan and Marriage Encounter journeys are complementary in ways that were not readily apparent when we set out. Our participation in one has nurtured our growth in the other. We have strengthened our marriage and grown closer together. As Secular Franciscans we are asked to participate in an apostolate where we can live the Gospel by helping others; we believe that Worldwide Marriage Encounter is that apostolate. In our OFS formation manual *The Franciscan Journey*, Fr. Lester Bach writes, "There are groups within the church that deal with marriage issues from the couple's point of view. Make use of those that are helpful to you, your spouse, and your family." We are excited about living out our Franciscan calling by helping couples to enrich their marriage through WWME. We'd like to encourage our married Franciscan brothers and sisters to give themselves the gift of a WWME experience.

During 2021 there will be two *virtual* WWME experiences in the DC/Baltimore region. The same material is presented in both experiences, but the schedule differs. You might find that one approach better aligns with your life and personal schedule. The first experience takes place in seven virtual (Zoom) sessions on Monday and Thursday evenings from April 12th until May 3rd. The second experience, also virtual, will be held during the weekend of November 5th to 7th, beginning on Friday evening and ending on Sunday afternoon. To learn more or to register visit <http://www.wwme.org/> or <https://moments4marriage.org/>. To discuss this further or to learn about their experience, don't hesitate to contact Ray & Dawn (443-458-8044, [ray.glennon@1972.usna.com](mailto:ray.glennon@1972.usna.com)).

## Extraction of Saints



Have you received your Saint, Bible Verse, and Prayer Partner for 2021? They were mailed out in January. If you have not received yours yet, or if you have moved or changed contact information, please contact our sister, Jeanne Kerins, OFS (410) 227-6497 or [jmkerins12@gmail.com](mailto:jmkerins12@gmail.com).

Virgin and Child with Saints and Donor by Carlo Crivelli, 1490, cc0 The Walters Art Museum (St. Francis & St. Bernadino of Sienna)

*“Wherefore, brethren, labour the more, that by good works you may make sure your calling and election. For doing these things, you shall not sin at any time.”*

*1 Peter 2:10*

### GOOD NEWS!

The Fraternity Book Share has recently started a new book!

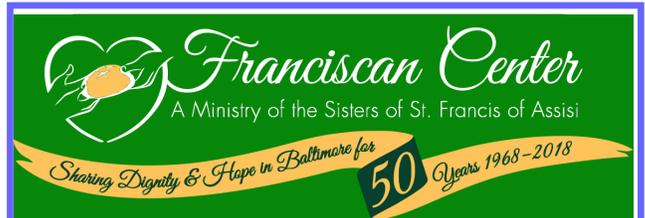
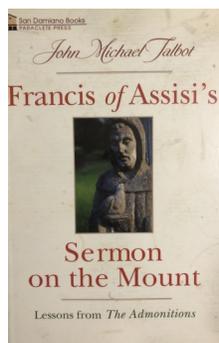
It's the perfect time for those who have wanted to join to do so and we would so welcome your contributions of thoughts, prayers and words as we ponder areas of spiritual growth from a Franciscan point of view.

**We are on Admonition 3 Part 2 of Francis of Assisi's Sermon on the Mount: Lessons from *The Admonitions* by John Michael Talbot**

We will meet on Zoom every First Saturday from 1-3 (the next meeting is on April 3).

Just write an email to Geri Flynn ([Angelbarty@aol.com](mailto:Angelbarty@aol.com)) and you will receive an email invitation at 12:45pm on Saturday.

Photo used with permission, [www.TroubadourForTheLord.net](http://www.TroubadourForTheLord.net); please consider ordering directly from this site.



Items most needed this month include hygiene items, masks, and socks. Order online from your favorite retailer & have delivered to: The Franciscan Center at 101 W. 23rd Street, Baltimore, MD 21218-5607.

To donate monetarily, please go to the website at:

[www.FCBmore.org](http://www.FCBmore.org) and click on the DONATE button on the header, and then on green donate button the next page as well.

## Happy Birthday!

Mick Michieli-Beasley, OFS & Deanna Williston, OFS 03/05

Cindy Mohler, OFS 03/13  
France Staudenmann, OFS 03/29

### Upcoming in April:

6 Kathy Ford, OFS  
26 Geri Flynn, OFS  
28 Juliana Kim

### Please Pray For:

Joan Babin, OFS  
Connie Baker, OFS  
Karan Bevers, OFS  
Louise Hotovy, OFS  
Mike Hotovy, OFS  
John Kirby, OFS  
Marie Lindung, OFS  
Jean Singleton, OFS  
Jim Tebo, OFS



## A Review of *Humility of Heart*\* by Fr. Gaetano Maria de Bergamo

~Joanne Patton, OFS

During February's gathering, Brother Lawrence reflected most beautifully on the humility of St. Francis; whether it be his writings (such as *Admonitions*) or how he lived, there was not a single aspect of St. Francis' life in which he did not embrace humility. His *Canticle of Creation* is another timeless example as Francis sings the praises of God's creation, seeing himself as part of that family along with "brother wind" and "sister water". But ultimate humility is found in Christ who "...emptied himself, taking the form of a servant, being born in the likeness of men. And being found in human form he humbled himself and became obedient unto death, even death on a cross." (Philippians 2:7-8)

While meditating on the profound humility of Jesus, our Blessed Mother, and St. Francis, I was reminded of another Franciscan from the 18th century who left us a remarkable treatise on humility (with 2 Imprimaturs\*\*) called *Humility of Heart* by Father Gaetano Maria de Bergamo. Translated into English in the early 19th century by Cardinal Vaughan, Bishop of Westminster, Fr. Gaetano often points to the writings of Holy Scripture, St. Thomas, and St. Augustine to construct over 150 short meditations (called THOUGHTS AND SENTIMENTS) on the virtue of humility and its necessity as we work out our salvation because "in Paradise, there is no Saint who was not humble." Gaetano concludes his work with beautiful meditations on the Our Father, Hail Mary, and the Mysteries of the Rosary. As an example, for the Our Father, he takes a few words at a time and provides a meditation on them, beginning with "OUR FATHER" and then "HALLOWED BE THY NAME" and then "THY KINGDOM COME" concluding with "BUT DELIVER US FROM EVIL". Identifying pride as the worst of all evils and the greatest of sins, Fr. Gaetano gives us this short meditation on the final words of the Our Father:

"I will be freed from all evil, whenever I am freed from Pride. And this is the evil, from whom all evil, in time, and eternity...Oh deliver me, to the merits of Jesus, Your humble Son."

As humility is the opposite *virtue* which St. Thomas calls "the greatest good", we see true goodness reflected in St. Matthew's gospel when Jesus reminds us that ***we are to learn from Him as He is meek and humble of heart.*** (Matt 11:29)

In this penitential season of Lent, I hope this beautiful and simple book on the virtue of humility is of interest to all. Each of us must continually pray for the grace to shun pride and pray more fervently for an increase in the grace of humility because ***"Humility contains all things because in this virtue is truth; therefore God must also dwell therein, since He is the truth."*** (THOUGHTS & SENTIMENTS II)

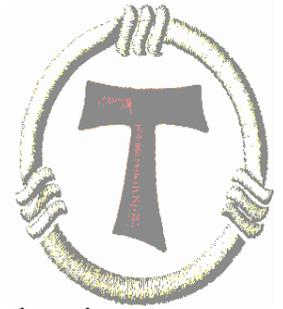
\* Available at TAN, Goodreads.com, Amazon, and others.

\*\* An Imprimatur and/or a Nihil Obstat is a way for the Church to "preserve the integrity of the truths of faith and morals" (Can. 823 §1) and guarantees the work to be free of doctrinal errors which is of critical importance especially in this day of modernism and moral relativism.

# St. Margaret of Cortona Regional Retreat

Online via ZOOM

May 22, 2021



Due to the continuation of the COVID-19 pandemic, our May 21st—May 23rd Regional Retreat at the Loyola Retreat Center in Faulkner, Maryland is canceled. Instead, we will have a free, Zoom Regional Retreat on May 22nd.

Fr. Kevin Treston, OFM from the Holy Land Monastery in Washington DC will be our facilitator. We will start at 9 AM. and end around 4 PM or earlier.

Theme for the Retreat

**Secular Franciscans, A Prophetic People**

If you would like to attend the Regional Zoom

Retreat, please email Bob Longo, [blongosfo@gmail.com](mailto:blongosfo@gmail.com). On May 22nd, around 8:45 AM, you will receive an email invitation to join the Retreat. All you will then need to do is click on “Join Meeting”.

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On April 24, the St. Margaret of Cortona Region will be holding elections for our 2021-2024 Regional Council. Please pray for discernment on the possibility of holding a position on the new council. Open offices include:



Minister  
Vice Minister  
Secretary  
Treasurer

Area Councilors: MD/DE, MD/PA, Metro DC, & Virginia.

Please see the nomination form on the next page & return to Mary Lou Coffman, Chair of the Regional Nomination Committee: [MaryLouSFO@gmail.com](mailto:MaryLouSFO@gmail.com).



ST. MARGARET OF CORTONA REGION  
CHAPTER OF ELECTIONS  
SATURDAY, APRIL 24, 2021

Name \_\_\_\_\_

Fraternity \_\_\_\_\_

I would like to serve as:  
Select:

- |   |  |
|---|--|
| <input type="checkbox"/> Minister           | <input type="checkbox"/> Area Councilor Metro DC |
| <input type="checkbox"/> Vice Minister      | <input type="checkbox"/> Area Councilor VA       |
| <input type="checkbox"/> Secretary          | <input type="checkbox"/> Area Councilor MD/DE    |
| <input type="checkbox"/> Treasurer          | <input type="checkbox"/> Area Councilor PA/MD    |
| <input type="checkbox"/> Formation Director |  |

Candidates must have been professed for at least three years.

Year professed: \_\_\_\_\_

How I serve my fraternity/the region:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Why I feel called to serve the region:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Signature: \_\_\_\_\_

Return to: Gary Burton ([gshadow002@msn.com](mailto:gshadow002@msn.com))  
Mary Lou Coffman ([marylousfo@gmail.com](mailto:marylousfo@gmail.com))  
Bob Eves ([evesrc@verizon.net](mailto:evesrc@verizon.net))  
Margie Petrizza ([margie.petrizza@gmail.com](mailto:margie.petrizza@gmail.com))

DUE NO LATER THAN SATURDAY, APRIL 10, 2021

## **Events at the Shrine of St. Anthony**



### **Mass Times:**

Monday through Saturday in the Chapel at 12 Noon, livestreamed at Noon.

Sunday in tent on front lawn at 12 Noon. Please BYO mask & chair. Livestreamed Sunday Mass is at 8:30 am.

### **Adoration:**

In the Chapel:

Tuesdays & Saturday 11-11:55 am, Mass following

### **Confession Schedule:**

Monday through Saturday :

11am-11:55 in the Conference Room & Library  
Enter through side chapel doors, remember your mask.

### **Gift Shop Hours**

Monday through Saturday from 9:00 am - 4:00pm  
Sunday 10:00am - 2:00pm

Currently, masks must be worn at all times inside the building, public bathrooms *are* available; however, the choir stalls in the Chapel are currently unavailable.

Outdoor Tours, 1st Friday & 1st Saturday Devotions, and Prayer Shawl Ministries are back! **HOLY WEEK SCHEDULE IS UP.** Please check the website for the latest updates.

**The Shrine Grounds & Courtyard** are open daily dawn till dusk! *The Chapel bell will be rung about 10 minutes before Mass.*

If you have any questions please call the Front Office at 410-531-2800; check the website for details [www.shrineofstanthony.org](http://www.shrineofstanthony.org)

"St Anthony of Padua" by Walwyn is licensed under CC BY-NC 2.0, edited to fit

## **Thanks to all who submitted ideas and articles for this month's issue!**

Have ideas for future issues? Submissions need to be 500 words or less. Please contact Deanna at [jtwillis@aol.com](mailto:jtwillis@aol.com) (or call 443-745-1109) by April 1 and you may see your idea in the April 2021 edition of *The Flyer*.

\*Please use this as a way to share of bit of yourselves with your Franciscan brothers and sisters.\*

### **SEEKING A NEWSLETTER HELPER!!!**

Interested in helping, but not in taking on too much work? I am looking for someone to learn my process and occasionally help out if I get sick or have an emergency. No experience necessary, just a computer with Microsoft Office or Publisher.



Table Cabinet with Scenes from the Life of David, Peter Opel ~1602-1612, CC0 The Walters Art Museum

## **March 21, 2021 Gathering**

- ◆ Virtual meeting on Zoom.
- ◆ 2-4 pm, but come a few minutes early to socialize.
- ◆ We will pray the Stations of the Cross.